

DECEMBER RMS HEALTH HIGHLIGHTS

See below for information on what students will be learning this month

SIXTH

- Show how important you think it is for you to stay away from potentially harmful situations.
- Show how you respect what different parts of the immune system do to fight disease.
- Compare and contrast a healthy immune system and an unhealthy immune system.
- Identify those whom you can turn to for help in different situations.



SEVENTH

- Define and classify communicable and noncommunicable diseases and identify symptoms and prevention methods for each.
- Explain what it means to be a self-advocate and demonstrate strategies for communicating with healthcare providers to enhance personal health.
- Identify feelings and emotions associated with disease and disability including grief and loss and strategies for self-care.

EIGHTH

- Discuss the importance of prevention behaviors, early detection in preventing the progression of disease, and the need to follow prescribed healthcare procedures given by parents and healthcare providers.
- Discover the relationship between the environment and health by researching major health problems of the world and their relationship to the environment.
- Choose an environmental health problem, explain the cause and impact of the problem, research what is being done to combat the problem, and construct your own plan to protect a community from the threat posed by that problem.

Parents: Helpful link for disease control & prevention: <https://www.cdc.gov/>